**Instruction**

Please respond to the statements below describing how you typically think, feel, or behave, and how other people think of you.

Read each statement carefully and decide the extent to which you agree or disagree with it.Then accurately click on the corresponding answer choice on the questionnaire.

Please keep in mind that it is very important that you answer honestly.

Work at a fairly rapid pace. **And, remember that you are to answer honestly**.

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| I have high standards and work towards them |
| I go above and beyond what is required |
| I do not work as hard as the majority of people around me |
| I invest little effort into my work |
| I demand the highest quality in everything I do |
| I try to be the best at anything I do |
| I make every effort to do more than what is expected of me |
| I do what is required, but rarely anything more |
| Setting goals and achieving them is not very important to me |
| Getting average grades is enough for me |
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| Life is too short to spend it working all the time. |
| It's not wise to work more than necessary. |
| The secret to a happy life is to not work harder than is needed |
| I'm satisfied with performing average |
| If I can't succeed at one thing, I just try something else. |
| I'm very good at pretending to work harder than I actually do. |
| I don't like to work hard |
| It is silly to work more than necessary |
| The secret to a good life is working just enough to get things done |
| I'm satisfied with being average |
| If I can't succeed at one task, I just drop it and move on to the next task |
| I have had to work hard to overcome obstacles to get where I am today |
| I get discouraged a lot |
| Failing at something is only a reason to try harder |
| If given the chance, I would rather take it easy than work hard |
| I have worked on goals that took years to achieve |
| I am persistent |
| Some people are kind of silly in their degree of perfectionism. |
| Many people place great value in getting every detail right in tasks that don't matter that much. |
| If a task is not that important, then it isn't worth fussing over too much. |
| I will stay late at work to get a job finished |
| I always do everything to the best of my ability |
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| Being neat is not exactly my strength |
| Organization is a key component of most things I do |
| I need a neat environment in order to work well |
| I prefer my work environment to be neat and orderly. |
| I become annoyed when things around me are disorganized |
| For me, being organized is unimportant |
| Half of the time I do not put things in their proper place |
| Most of the time my room is in complete disarray |
| Most of the time my working space is in completely disarray |
| Every item in my room and on my desk has its own designated place |
| I frequently forget to put things back in their proper place |
| I hate when people are sloppy |
| I hate when people are messy |
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| I'm not bothered by others' messiness/mess. |
| I don't tend to get caught up with details./I'm not obsessed with details. |
| I don't waste time on organizing things/putting things in order. |
| It is a waste of time putting things in order. |
| Messy environments foster creativity |
| People who value orderliness are boring. |
| Organizing and planning take the fun out of life. |
| I hate it when people move my things |
| My room only looks messy - it's really organized according to my own special system. |
| Chaos does not bother me |
| Seeing messy rooms makes me feel uncomfortable |
| If I enter a messy room my first inclination is to start cleaning it up. |
| I like it when life is unpredictable. |
| I like to plan my week. |
| I have a plan for what I am going to do with my life. |
| I use a planner/calendar every day. |
| I have a pretty set routine. |
| I like following a routine. |
| I have both short and long term goals set for my life. |
| I have a calendar but I don't use it very well. |
| I never schedule my life. |
| I like organizing other people's lives in addition to my own. |
| It makes me uncomfortable to deviate from my schedule. |
| I schedule my life to the minute. |
| I try to anticipate what is going to happen and plan accordingly. |
| I try to have a plan for most situations. |
| It's best to be spontaneous in when and how you do things. |
| It is definitely possible to have one's house *too* neat and organized |
| If everything is neat and tidy you're probably missing out on a lot of good things in life. |
| Life is too short to worry about putting everything in its place. |
| I prefer my home to be well organised and tidy |
| I like organisation in all aspects of my life |
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| I have the highest respect for authorities and assist them whenever I can |
| People respect authority more than they should |
| Even if I knew how to get around the rules without breaking them, I would not do it |
| I believe that people should be allowed to take drugs, as long as it doesn't affect others |
| I support long-established rules and traditions |
| People who resist authority should be severely punished |
| When I was in school, I used to break rules quitely regularly |
| In my opinion, all laws should be strictly enforced |
| In my opinion, censorship slows down the progress |
| When working with others I am usually the one who makes sure that rules are observed |
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| Too much respect for authority (e.g., government, supervisors etc.) is dangerous. |
| Rules are made to be broken |
| Focusing too much on tradition tends to hold back progress |
| People who make sure the others follow the rules are annoying |
| People who follow all the rules miss out on a lot of fun. |
| I like to bend the rules sometimes |
| Supporting long-standing institutions （e.g. churches, countries, etc.) is a good thing |
| Good things come from breaking the rules |
| I like the rituals associated with holidays and religions. |
| Traditions are good things and should be supported |
| Having strong rules in place makes things more predictable and that is a good thing |
| If we all followed all the rules, life would become completely boring. |
| Many people seem to focus on rules for their own sake. |
| People overestimate the importance of tradition. |
| Doing things the way they've always been done inhibits creativity. |
| I do not like breaking rules |
| I have no desire to live my life by normal societial/society's rules |
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| I often rush into action without thinking about potential consequences |
| I rarely jump into something without first thinking about it |
| I am known to make quick, hot-headed decisions |
| My friends say I make decisions too quickly. |
| I do not take unnecessary risks |
| I am easily talked into doing silly things |
| My friends say I am unpredictable |
| I get into trouble because I act on impulses rather than on thoughts |
| I am careful with what I say to others |
| I dislike being around impulsive people |
| Even under time pressure, I would rather take my time to think about my answer than to say the first thing that comes to mind |
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| I enjoy being spontaneous. |
| People should think less and be more spontaneous/act on their feelings. |
| Doing risky things is fun |
| People who act in predictable ways lack passion. |
| It's best to make decisions quickly, rather than overthinking them |
| I speak my mind without too much self-censorship |
| Overthinking decisions is not a good idea - just trust your gut. |
| It is fun to take risks |
| My friends say I'm impulsive |
| I have a hard time sticking to my goals over the long haul |
| A lot of people are so lacking in spontaneity that they spend all their time thinking. |
| People who lack spontaneity rarely have fun. |
| I have self control almost to a fault. |
| I am able to delay instant rewards for a long term gain |
| I am good at sticking to plans |
| If I make a plan, I stick to it |
| Other people consider me to have good self-discipline |
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| If I could get away with it, I would not pay taxes |
| I would lie without hesitation if it serves my purpose |
| I could be insincere and dishonest if situation required me to do so |
| If I find money laying around, I'll keep it to myself. |
| If I find money lying on the street, I'll keep it to myself. |
| If a cashier forgot to charge me for an item I would tell him/her |
| I would rather get a bad grade than copy some else’s homework and turn it in as my own |
| It bothers me when other people cheat on their taxes |
| If I accidentally scratched a parked car, I would try to find the owner to pay for the repairs |
| I firmly believe that under no circumstances it is okay to lie |
| I believe that it's never okay to lie. |
| The people who know me best would say that I am honest |
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| I have no problem lying. |
| I believe that sometimes white lies help people. |
| To get ahead you sometimes have to lie. |
| People do not really want to hear the truth. |
| Everyone cheats on their taxes - so why shouldn't I? |
| A little cheating is okay |
| I definitely lie too much |
| It pains me to break my promises |
| I have stolen from friends |
| I have stolen from my work place |
| People who say they don't lie are usually lying. |
| People who keep their word no matter what lack flexibility. |
| Sometimes people have to cut some corners in order to make good things happen. |
| Some people have so much stuff that you can hardly blame someone if they take it. |
| If somebody has something that they don't need, it's okay to take it for someone else. |
| Everyone has to break a lot of promises. |
| There's no harm in breaking the rules if no one gets hurt. |
| A certain amount of deception is just natural. |
| Sometimes it is okay to shoplift |
| It is important to pay your taxes |
| I have high moral standards |
| If I can get away with it, I will not pay travel fares |
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| I carry out my obligations to the best of my ability |
| I often feel responsible for making sure that all group project assignments are completed |
| I go out of my way to keep my promises |
| Sometimes it is too much of a bother to do exactly what is promised |
| I would gladly spend some of my leisure time trying to improve my community |
| If I am running late to an appointment, I may decide not to go at all |
| I am usually not the most responsible group member, but I will not shirk on my duties either |
| If I am running late, I try to call ahead to notify those who are waiting for me |
| When I make mistakes I often blame others |
| I have a reputation for being late for almost every meeting or event |
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| pay my bills on time |
| I try to respond to all emails, calls or texts |
| My friends consider me the dependable one |
| When my friends are in trouble they often turn to me to help fix things |
| Some people have described me as flaky |
| When I commit to something, a can be trusted to get it done |
| I have lost things that I borrowed from friends |
| I really hate to break promises |
| Sometimes promises have to be broken |
| Everybody tends to overestimate what they can get done. |
| When people tell you to be loyal, they are usually just trying to manipulate you. |
| If you focus too much on duties, you won't get much enjoyment out of life. |
| It really stresses me out to be late. (REV-SC) |
| If you're not really into something, it's best to quit. |
| It's silly to put strain on yourself just to reach a deadline. |
| If finishing a task is raising your blood pressure, then it's best to walk away. |
| I always own up if I make a mistake |
| I am someone that people can rely on |
| Out of my group of friends, I am considered the sensible one |
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| People who really know me (e.g., friends, family) describe me as a decisive individual. |
| I find it easy to decide what to do when I have arguments with people. |
| Once I have decided how to handle conflicts between my wishes and someone else's, I feel I have made mistakes. |
| I like to make decisions at the last possible moment. |
| I like it when other people make decisions for me. |
| I rather take too much time but make the right decision, than to rush and make the wrong decision. |
| I have a hard time making decisions |
| I tend to think too much about alternatives when coming to a decision |
| When I decide to do something I will stick with my decision |
| I can be very determined when I've chosen to follow a certain path |
| I can be very determined in pursuit of a goal |
| my friends would describe me as strong-willed |
| I am stubborn |
| My convictions are unshakeable |
| I like people who are firm in their convictions |
| I'm pretty flexible |
| I am easily distracted |
| I change my mind a lot |
| My interests change a lot |
| I start a lot of different things, but don't finish most of them |
| I finish almost everything I start |
| My goals change a lot |
| I get interested in different things all of the time |
| Changing your plans frequently shows an open mind. |
| Being too determined can be very unhealthy. |
| Strong-willed people are usually very difficult. |
| I have been described as a being a good decision maker |
| I spend too much time thinking about what to do |
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| Sit with a straight back |
| Call someone Ms., Mr., Mrs., Sir, etc. |
| Uphold cultural traditions |
| Stand with a straight back and neck |
| Make use of someone’s formal title |
| Uphold family traditions |
| Make my bed. |
| Clean up immediately after a meal. |
| Allow trash to overflow from a container. |
| I talk while I'm eating. |
| I take out the garbage regularly |
| Share domestic duties. |
| Clean desk surfaces (no piles of papers). |
| Clean up right after company leaves. |
| Clean around the house/ apartment. |
| Share household chores. |
| Fold my clothes right after they are washed. |
| Keep my appearance neat/professional. |
| Do not obsess over my appearance/dress. |
| Cleaning and chores are overrated |
| Doing dishes is for the dishwasher |
| Making the bed is pointless because you're going to use it again later |
| People who sit and stand with a straight back look stuck up |
| There's no point in folding and putting away washed clothes, you can just use them straight from the hamper |
| People who value household chores are boring |
| People who worry about a neat appearance are stuck up |
| Using someone's formal title is pretentious and elitist |
| A messy desk leaves room for creativity |
| Put my hand in front of my mouth when yawning. |
| Offer old people my seat on the bus. |
| Holding the door for other people is too much of a hassle. |
| It is important to refer to people by their proper title (e.g., Dr., Professor, Sir, Mr., Mrs., Ma'am, etc.) |
| I make sure to clean my place before company comes over |
| It is important that you look neat and professional |
| I am okay with wearing clothes that are messy or unkempt |
| I often wear clothes that need ironing |
| I like people who follow proper etiquette |
| I tend to be informal in my dealings with people |
| I'm a pretty easygoing person |
| In picking clothes, the most important thing is to be comfortable. |
| Referring to people by their formal titles is a waste of time. |
| People who put too much effort into their appearance are lacking in substance. |
| Casual dress on Fridays is a good idea. |
| I don't think anyone irons clothes any more. |
| There's no good reason to distinguish between "business attire" and "casual attire". |
| I use formal language in emails and other letter communications |
| I properly set the table for dinner most evenings |
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| Get to appointments on time. |
| Allow extra time for getting lost when going to new places. |
| Miss appointments |
| Am the first person to show up for work or a class |
| Complete assignments on time |
| Turn in assignments late |
| Leave for work at the exact time I had planned |
| Show up for work more than 5 min early |
| Miss the bus |
| Get to work on time |
| Forget about an appointment |
| Forget meetings |
| Return phone calls and emails in timely fashion |
| Late for a meeting |
| Keep up with required work |
| Arrive a few minutes late. |
| It's no big deal to arrive a few minutes late for work or a class. |
| I can always get things done last minute |
| I think living on a schedule takes the spontaneity out of life |
| I think people who worry about punctuality are boring |
| Most meetings don't start on time, so there is no point in being punctual. |
| People are used to waiting for me. |
| Most deadlines are impossible to meet. |
| it is okay to arrive a few minutes late to appointments |
| I never miss appointments |
| I am usually the first person to show up for work |
| I never forget to respond to a call or email |
| I often complete my assignments early |
| I am constantly running late for appointments and meetings |
| It makes me uncomfortable to be late |
| Being a few minutes late is of no importance. |
| There's something wrong with people who worry about being just a minute or two late. |
| Always showing up at the airport early is a waste of time. |
| I often underestimate how long it will take me to get places |